

Meadow

68" x 68"



Designed, Pieced and Quilted by
Mona Phelps
Bluegrass Stitches & Crafts

MATERIALS:

[1] AKTSH Panel
2 yards Stripe Fabric
1 yard Kentucky (or Tennessee) Fabric
1/8 yard Flowers White Fabric
1/8 yard Flowers Navy Fabric
1/2 yard Flowers Cream on Cream Fabric
1/2 yard Itsy Bitsy Flower Fabric
1/4 yard Fan Steel Fabric
1/8 yard Fan Denim Fabric
1/4 yard Fan Olive Fabric
1/3 yard Blender Marigold Fabric
1-1/8 yards Blender Rich Royal Fabric,
includes binding

RECOMMENDED TOOLS:

ABC 123 Cool Pins by Gypsy Quilter
Creative Grids Quilt Ruler 6-1/2" Square
Creative Grids Quilt Ruler 6-1/2" x 24-1/2"
Rectangle

*BEFORE SEWING, READ ALL INSTRUCTIONS.
USE A SCANT 1/4" SEAM ALLOWANCE. WOF =
WIDTH OF FABRIC; LOF = LENGTH OF FABRIC;
HST = HALF SQUARE TRIANGLE; QST = QUARTER
SQUARE TRIANGLE*

*FIND TUTORIALS ON SEWING ECONOMY BLOCKS
AND MITERED BORDERS ON BLUEGRASS
STITCHES & CRAFTS WEBSITE UNDER THE RE-
SOURCES TAB (WWW.BLUEGRASSSTITCHES.
COM/FREE-PATTERNS-AND-MORE.HTM)*

*MEDALLION QUILTS START WITH A CENTER
BLOCK AND GROW WITH A VARIETY OF
BORDERS. FOR THIS QUILT, BORDERS WILL BE
SEWN FIRST TO THE RIGHT AND LEFT OF THE
MEDALLION, AND THEN TOP AND BOTTOM - UP
UNTIL THE FINAL BORDER. THAT BORDER,
BECAUSE OF THE FABRIC BEING USED, WILL
REQUIRE A MITERED BORDER.*

CUTTING:

From AKTSH Panel:

Cut [1] — 12-1/2" square; being sure to fussy cut
[1] of the horses **(I)**

From Flowers Navy Fabric:

Cut [1] — 3-1/2" × WOF strip
Subcut [8] — 3-1/2" squares **(A)**

From Fan Olive Fabric:

Cut [2] — 3-1/2" × WOF strips
Subcut [16] — 3-1/2" squares, cut once
diagonally yielding [32] triangles **(B)**

From Flowers Cream on Cream Fabric:

Cut [3] — 4-1/2" × WOF strips
Subcut [24] — 4-1/2" squares, cut once
diagonally yielding [32] triangles **(C)**

From Flowers White Fabric:

Cut [1] — 3-1/2" × WOF strip
Subcut [4] — 3-1/2" squares **(D)**

From Fan Denim Fabric:

Cut [1] — 3-1/2" × WOF strip
Subcut [8] — 3-1/2" squares, cut once
diagonally yielding [16] triangles **(E)**

From Kentucky (or Tennessee) Fabric:

Cut [1] — 5-1/4" × WOF strip
Subcut [4] — 5-1/4" squares **(F)**
Cut [5] — 4-1/2" × WOF strips. Sew strips RST,
short end to short end, to make [1] long strip.
Subcut [2] — 42-1/2" × 4-1/2" strips **(V)**
Subcut [2] — 50-1/2" × 4-1/2" strips **(W)**

From Blender Marigold Fabric:

Cut [2] — 1-3/4" × WOF strips
Subcut [4] — 5-1/4" × 1-3/4" strips **(G)**
Subcut [4] — 6-1/2" × 1-3/4" strips **(H)**
Cut [4] — 1-1/2" × WOF strips
Subcut [2] — 30-1/2" × 1-1/2" strips **(P)**
Subcut [2] — 32-1/2" × 1-1/2" strips **(Q)**

From Blender Rich Royal Fabric:

Cut [4] — 1" × WOF strips
Subcut [2] — 12-1/2" × 1" strips **(J)**
Subcut [2] — 13-1/2" × 1" strips **(K)**
Subcut [2] — 17-1/2" × 1" strips **(N)**
Subcut [2] — 18-1/2" × 1" strips **(O)**
Cut [4] — 3-1/2" × WOF strips. Sew strips RST,
short end to short end, to make [1] long strip.
Subcut [2] — 36-1/2" × 3-1/2" strips **(T)**
Subcut [2] — 42-1/2" × 3-1/2" strips **(U)**
Cut [8] — 2-1/2" × WOF strips, Binding

From Fan Steel Fabric:

Cut [2] – 2-1/2" × WOF strips

Subcut [2] – 13-1/2" × 2-1/2" strips **(L)**

Subcut [2] – 17-1/2" × 2-1/2" strips **(M)**

BE MINDFUL OF DIRECTIONAL FABRIC

From Itsy Bitsy Fabric:

Cut [4] – 2-1/2" × WOF strips

Subcut [2] – 32-1/2" × 2-1/2" strips **(R)**

Subcut [2] – 36-1/2" × 2-1/2" strips **(S)**

From Stripe Fabric:

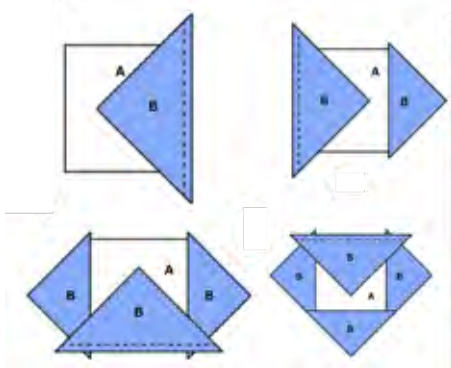
Cut [4] – 9-1/2" × LOF strips **(V)**. Cut so that there is 1/4" of non-printed fabric below the bottom of the stripe

BLOCK ASSEMBLY:

Economy Blocks

Blocks 1 and 2

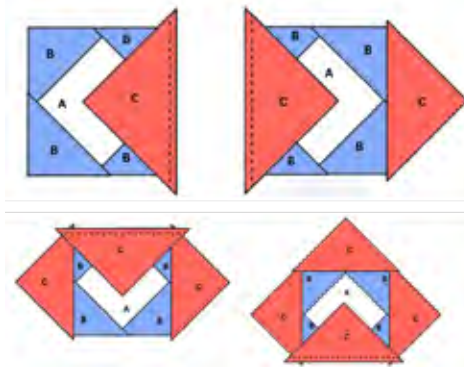
1. Fold the long edge of Fan Olive triangles **(B)** in half and make a crease at the center. Do the same on all [4] sides of the Flowers Navy squares **(A)**.
2. With fabric RST, line up the crease marks on the long edge of **(B)** triangles on opposite sides of **(A)**. Sew using a 1/4" seam. Triangle tips will overhang the outside edges of the square. Press to the outside (triangle).
3. Repeat with remaining [3] **(B)** triangles. Press to the outside.



4. Square to 4-3/4" making sure to allow 1/4" seam allowance at points of A.

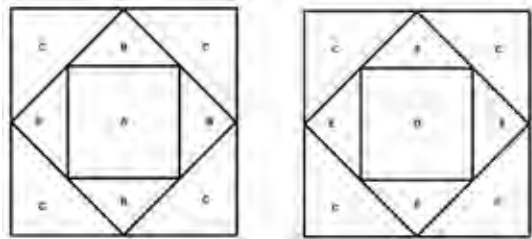


5. Repeat the same process with Flowers Cream on Cream triangles **(C)**, sewing [2] sides, pressing toward the outside, sew remaining [2] pieces, press.



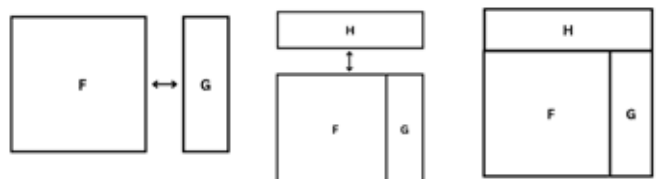
6. Trim to 6-1/2" square making sure to allow 1/4" seam allowance at points of B.
7. Make [8] of Block 1 using **(A)** Flowers Navy, **(B)** Fan Olive, **(C)** Flowers Cream on Cream fabrics.

Make [4] of Block 2 using **(D)** Flowers White, **(E)** Fan Denim, **(C)** Flowers Cream on Cream fabrics.



Corner Block 3

1. With RST, sew a Blender Marigold rectangle **(G)** to the right side of a Kentucky (or Tennessee) square **(F)**. Press towards **(G)**.
2. Sew Blender Marigold rectangle **(H)** to top of the unit from Step 1. Press towards **(H)**. Trim to 6-1/2" square. Make [4].



BORDER ASSEMBLY

Border 1

1. With fabric RST, sew Blender Rich Royal strips **(J)** to the right and left sides of AKTSH Panel. Press towards the border.

2. Sew Blender Rich Royal strips **(K)** to the top and bottom of the Panel unit. Press towards the border. Measures 13-1/2" square.

Border 2

The fabric used for this border is directional. Be mindful as to how you want the direction of your fabric.

1. With fabric RST, sew Fan Steel strips **(L)** to the right and left sides of Panel unit. Press towards the border.
2. Sew Fan Steel strips **(K)** to the top and bottom of the Panel unit. Press towards the border. Measures 17-1/2" square.

Border 3

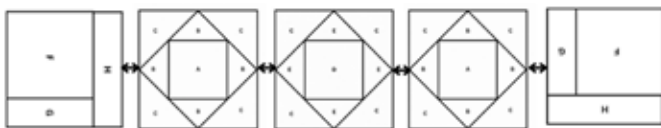
1. With fabric RST, sew Blender Rich Royal strips **(N)** to the right and left sides of Panel unit. Press towards the border.
2. Sew Blender Rich Royal strips **(O)** to the top and bottom of the Panel unit. Press towards the border. Measures 18-1/2" square.

Pieced Border

1. Using Blocks 1, 2, and 3, sew together as shown, all RST. Be mindful of direction of Block 3.

Block 3 (piece **(H)** towards the right), Block 1, Block 2, Block 1, Block 3 (piece **(H)** toward the bottom)

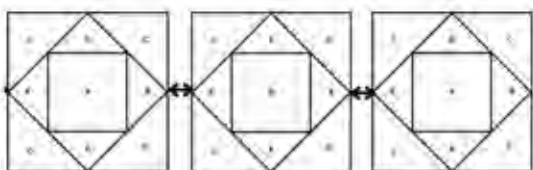
Press seams open. Measures 6-1/2" x 30-1/2". Make [2]. Label 4A.



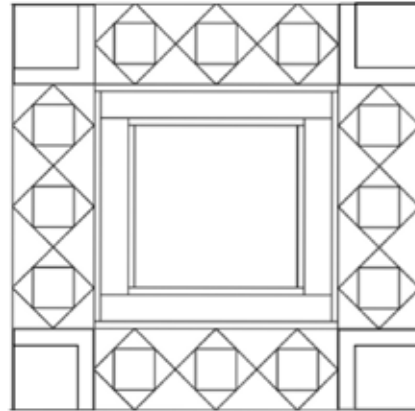
2. Using Blocks 1 and 2, sew together as shown, all RST.

Block 1, Block 2, Block 1

Press seams open. Measures 6-1/2" x 18-1/2". Make [2]. Label 4B.



3. With RST, sew border unit 4B to the left and right side of the center. Press toward the previous border.
4. Sew border unit 4A to the top and bottom of the center, being mindful that the corner blocks are going the correct direction.
5. Press toward the previous border. Measures 30-1/2" square.



Border 5

1. With fabric RST, sew Blender Marigold strips **(P)** to the right and left sides of Panel unit. Press towards the border.
2. Sew Blender Marigold strips **(Q)** to the top and bottom of the Panel unit. Press towards the border. Measures 32-1/2" square.

Border 6

1. With fabric RST, sew Itsy Bitsy Flower strips **(R)** to the right and left sides of Panel unit. Press towards the border.
2. Sew Itsy Bitsy Flower strips **(S)** to the top and bottom of the Panel unit. Press towards the border. Measures 36-1/2" square.

Border 7

1. With fabric RST, sew Blender Rich Royal strips **(T)** to the right and left sides of Panel unit. Press towards the border.
2. Sew Blender Rich Royal strips **(U)** to the top and bottom of the Panel unit. Press towards the border. Measures 42-1/2" square.

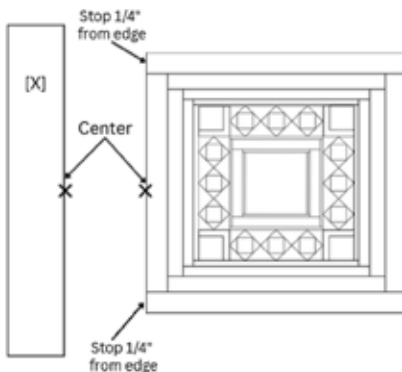
Border 8

1. With fabric RST, sew Kentucky (or Tennessee) strips (**V**) to the right and left sides of Panel unit. Press towards the border.
2. Sew Kentucky (or Tennessee) strips (**W**) to the top and bottom of the Panel unit. Press towards the border. Measures 50-1/2" square.

Border 9

The fabric for this border is directional. You will want the blue border to be the part that is closest to the center of the quilt. The flowers will be closest to the outer edge.

1. Start with the border piece [X] Stripe Fabric on the left side of the center. Fold [X] in half to find the center - finger press.
2. Fold edge of last border of center of the quilt to find the center of the border. Finger press.
3. With RST, line up center markings and pin [X] to center of the quilt.
4. Mark 1/4" from the edge of the center of the quilt on both ends. Sew from marking to marking, making sure to backstitch at beginning and end. (You will have approx 10" overhang of [X] on both ends. Press toward the [X] border].

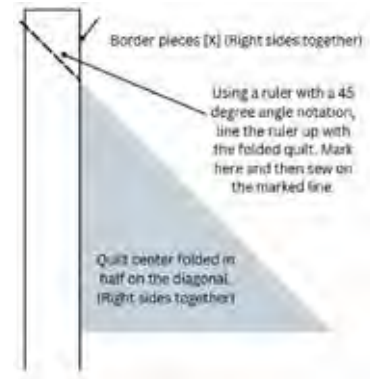


5. Repeat for the right side.
6. Repeat the process for the top and bottom. You shouldn't need to do the 1/4" markings as you are only sewing as far as the left and right border of [X] that you just sewed.

Miter Corners

At this point, you should have borders sewn to all sides, with approx 10" of overhang and each side.

1. Fold the quilt in half diagonally RST, lining up the top and bottom of the border pieces. Using a ruler with a 45 degree notation, line up with the folded quilt and mark a line on the wrong side of [X]. Sew along that line.
2. Open the quilt to make sure that the mitering came together well. If so, trim excess fabric to 1/4". Press seams open.
3. Repeat with all [4] corners. If you have never done a mitered border, it may be helpful to watch a youtube video showing the process.



FINISHING:

1. Layer batting between quilt top and backing.
2. Quilt as desired.
3. Bind.
4. Label & Enjoy!



Mona Phelps



Mona began quilting in 2016 when she was looking for something to make to sell at an upcoming craft fair and became aware of the gorgeous modern quilt fabrics that were available. Since then, she has started a longarm quilting business and opened a brick-and-mortar store, Bluegrass Stitches & Crafts in Versailles, Kentucky. Mona loves to help both new and seasoned quilters with their projects, making sure they know that finished is better than perfect and that you'll always find a judgment-free zone at her store. Everyone is welcome to come and pet the fabric whenever they want!